

SPRING VALLEY

February 2020

GRADES K-12 MENU

* * * Menu may change * * *

BREAKFAST PRICES x's 19 DAYS

Grades K-12: \$1.85/day or \$35.15/month
 Reduced: \$0.30/day or \$5.70/month
 Adult/Visitor \$2.70/day or \$51.30/month

LUNCH PRICES x's 19 DAYS

Grades K-5: \$2.60/day or \$49.40/month
 Grades 6-12: \$2.90/day or \$55.10/month
 Reduced: \$0.40/day or \$7.60/month
 Adult/Visitor \$3.70/day or \$70.30/month

Pay your food service account on-line.

Spring Valley Schools district home page, Family Access or On-line Payment buttons

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| <p>3</p> <p>BREAKFAST Stuffed Hash Brown & Muffin</p> <p>LUNCH ENTREES -Baked Potato Diced Ham/Cheese Dinner Roll -Hot Dog</p> <p style="text-align: center;">Sides</p> <p>Broccoli Mixed Berry Cup</p> | <p>4</p> <p>BREAKFAST Breakfast Pizza</p> <p>LUNCH ENTREES -Chicken Chow Mein Rice -Meatball Sub</p> <p style="text-align: center;">Sides</p> <p>Peas Warm Cinnamon Apple Slices</p> | <p>5</p> <p>BREAKFAST Pancake Bites</p> <p>LUNCH ENTREES -Spaghetti Garlic Bread -Fruit & Yogurt Plate Muffin</p> <p style="text-align: center;">Sides</p> <p>Carrots Applesauce</p> | <p>6</p> <p>BREAKFAST Bacon & Egg Scramble</p> <p>LUNCH ENTREES -Cheeseburger -Calzone</p> <p style="text-align: center;">Sides</p> <p>Baked Beans Potato Wedges Mixed Fruit</p> | <p>7</p> <p>BREAKFAST French Toast Bites & Yogurt</p> <p>LUNCH ENTREES -Cheese Bites -Fish Sandwich</p> <p style="text-align: center;">Sides</p> <p>Tomato Soup Craisins</p> |
| <p>10</p> <p>BREAKFAST Oatmeal Chocolate Chip Round</p> <p>LUNCH ENTREES -Mini Corn Dogs -Burrito</p> <p style="text-align: center;">Sides</p> <p>Baked Beans Mixed Vegetables Sliced Pears</p> | <p>11</p> <p>BREAKFAST Breakfast Pizza</p> <p>LUNCH ENTREES -Chili Corn Chips -Fish Nuggets</p> <p style="text-align: center;">Sides</p> <p>Green Beans Sliced Peaches</p> | <p>12</p> <p>BREAKFAST Pancake Bites</p> <p>LUNCH ENTREES -BBQ Rib -Brat</p> <p style="text-align: center;">Sides</p> <p>AuGratin Potatoes Raw Veggies & Dip Mixed Fruit</p> | <p>13</p> <p>BREAKFAST Bacon & Egg Scramble</p> <p>LUNCH ENTREES -Orange Chicken Rice -Hamburger</p> <p style="text-align: center;">Sides</p> <p>Oriental Vegetables Strawberry Cup</p> | <p>14</p> <p>BREAKFAST Banana Bread & Smoothie</p> <p>LUNCH ENTREES -Deluxe Nacho's -Peanut Butter & Jelly Cheese Stick</p> <p style="text-align: center;">Sides</p> <p>Corn Raisins</p> |
| <p>17</p> <p style="text-align: center;">NO SCHOOL</p> | <p>18</p> <p>BREAKFAST Breakfast Pizza</p> <p>LUNCH ENTREES -Lasagna Garlic Bread -Breaded Chicken Patty</p> <p style="text-align: center;">Sides</p> <p>Peas Mixed Berry Cup</p> | <p>19</p> <p>BREAKFAST Pancake Bites</p> <p>LUNCH ENTREES -Popcorn Chicken -Eggroll</p> <p style="text-align: center;">Sides</p> <p>Baked Beans Rice Pilaf Juice Cup</p> | <p>20</p> <p>BREAKFAST Bacon & Egg Scramble</p> <p>LUNCH ENTREES -Pizza Crunchers Marinara Sauce -Breaded Pork Chop</p> <p style="text-align: center;">Sides</p> <p>Edamame Sliced Peaches</p> | <p>21</p> <p>BREAKFAST French Toast Bites & Yogurt</p> <p>LUNCH ENTREES -Ham & Cheese on Flatbread or Wrap Sun Chips -Fish Stick</p> <p style="text-align: center;">Sides</p> <p>Corn Warm Cinnamon Apple Slices</p> |

* * * This institution is an equal opportunity provider * * *

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| 24 | 25 | 26 | 27 | 28 |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Stuffed Hash Brown & Muffin | Breakfast Pizza | Pancake Bites | Bacon & Egg Scramble | Banana Bread & Smoothie |
| LUNCH ENTREES | LUNCH ENTREES | LUNCH ENTREES | LUNCH ENTREES | LUNCH ENTREES |
| -Salisbury Steak Bread | -Soft Shell Taco -Pizza | -Cheese or Pepperoni Pizza | -Sloppy Joe's -Breaded Pork Chop | -Pizza Fries Marinara Sauce -Corndog |
| -Philly Cheesesteak Sandwich | | -Chicken Alfredo Breadstick | | |
| Sides | Sides | Sides | Sides | Sides |
| Mashed Potatoes Cauliflower Strawberry Cup | Refried Beans Spanish Rice Sliced Pears | Green Beans Warm Cinnamon Apple Slices | Potato Wedges Cole Slaw Juice Cup | Corn Pineapple Tidbits |

K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal or Cereal bar

K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white and 1% chocolate)

K-12 LUNCH: All sandwiches are served with whole grain bun or bread

6-12 LUNCH ALTERNATIVES: 3rd choice item will be posted daily

You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.

You can access your family lunch account through the school web site @ www.springvalley.k12.wi.us. If you have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

***** Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 *****

Seasonal Work- Change in Income- Change in Household Size

Remember, you may apply or re-apply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, www.springvalley.k12.wi.us (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551

fishera@springvalley.k12.wi.us

Seasonal Work- Change in Income- Change in Household Numbers

Remember, you may apply or reapply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, www.springvalley.k12.wi.us (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551 fishera@springvalley.k12.wi.us



Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2018-2019 applications are now available on our school web site and school offices.

Breakfast is served daily at 7:45 am until the first bell rings.

Cold Lunch/Brown Bag Lunch is available from the school kitchen for Field Trips. You will be charged your normal lunch rate. Please let the food service staff know ahead of time when you will need a lunch to go.



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School Year 2019-2020 applications are now available on our school web site and school offices.